## caringkind connect **2** culture



## Journey and Transformation: Exploring the Fluidity of Life

## November 2, 2-4pm *Caregiver Tour* The Rubin Museum, 150 W 17th St.

No one lives forever. Impermanence is a term often used in Tibetan Buddhism as a reminder of the cycle of death and rebirth. As part of Reimagine End of Life week, join us in exploring the big questions about life and death. Open your mind to a different understanding of time and form a new relationship with the future. Step into a world where past, present, and future exist all at once by exploring how contemporary artists and traditional Buddhist artworks from the Himalayas lend us new perspectives on our journey.

This program begins with a 75-minute gallery tour followed by conversation in the Rubin Museum's Café Serai including complimentary tea and refreshments. Tickets are free of charge. Registration is required. Limited tickets available.

Please register through Reimagine's website at: https://letsreimagine.org/586/journey-transformation-exploring-the-fluidity-of-life

This event is intended for caregivers and not for persons with dementia.

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Formerly known as the Alzheimer's Association, NYC Chapter

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