

# To Whom I May Concern®

What's your story? We would like to know

CARINGKIND  
EARLY-STAGE SERVICES

**To Whom I May Concern®** is a supportive small group program for people with dementia living with similar memory and/or cognitive changes. A trained facilitator guides the group to share their experiences and stories. A creative script is crafted and then shared with invited friends, family and professionals.

Sharing Sessions include:

- Discussions around current events.
- A main activity with a theme.
- Validation of thoughts and opinions.
- Stimulating conversation.
- Enjoyable connections.

## PROGRAM DETAILS:

- 10 - 12 weekly sessions, 60 minutes
- Small groups 6-10 people
- In-person or Virtual sessions
- In-person, reader's theater style performance
- Personal interview required for participation

### For more information

Visit our website at:  
[www.caringkindnyc.org/earlystage](http://www.caringkindnyc.org/earlystage)

OR

Use the QR code below



To Whom I May Concern® (valued at \$500 per person) is currently provided free of charge to CaringKind's clients living with Alzheimer's or another dementia. This program is funded through grants, donations, CaringKind Walks, Forget-Me-Not Gala, fundraising events, and other philanthropic efforts. Contributions to sustain the program are welcome.

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